

National Sportsmanship Day

March 3, 2009



*All-American
Sportsmanship Schools*

USA Today Essay Contest

Dare to Play Fair!

Administered by the Institute for International Sport, the 19th annual National Sportsmanship Day (NSD) serves as a forum for students, teachers, coaches, parents and fans to explore and discuss issues of fair play, ethics and sportsmanship. For more information on our NSD programs visit our website.



Sports Ethics Fellows

NSD Partners

www.internationalsport.com/nsd

THE FIVE PRINCIPLES OF HONORABLE COMPETITION

1. RESPECT THE GAME
2. PLAY BY THE RULES, AND WITHIN THE SPIRIT OF THE RULES
3. PLAY YOUR BEST
4. DON'T PUNCH BACK, PLAY HARDER
5. EMPLOY COMPETITIVE SELF-RESTRAINT



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